

**Module A Section 2**  
**People First Language**  
**Quiz**

**Read the Following Scenario:**

Carol Ann is a mentally retarded 38 year old woman. She lives in a house by herself. She lived with her mother until two years ago when her mother died suddenly from a stroke. Carol Ann is obese and her intellectual capacity limits her ability to keep track of her own bills and to care for all her daily living needs. Her sister would like her to move into a group home, but Carol Ann insists that she can care for herself. She has support staff come twice daily to make sure she is taking her medication, has food to eat, to run errands and to perform other daily living tasks such as laundry and housecleaning. Carol Ann's sister takes care of all her bills, and sends a weekly spending budget to the agency that looks out for her. Carol Ann's sister calls you on the phone, she wants to solicit your support to remove Carol Ann from her home and place her in an ICFMR facility.

For each of the underlined sentences or phrases in the above scenario, choose one alternative sentence for each item below that uses People First Language and philosophy. Choose the alternative statement that best retells the story using language that puts Carol Ann and her *strengths first*. Choose the answer that is the *most respectful and contains the least amount of jargon*. There is only one right answer for each question.

**1. Carol Ann is a mentally retarded 38 year old woman.**

- a. Carol Ann is a cognitively impaired woman.
- b. Carol Ann is a mentally retarded woman.
- c. Carol Ann is a 38 year old with has limited capacities.
- d. Carol Ann is a 38 year old woman who feels that with some help she has the ability to live on her own.

**2. Carol Ann is obese and her intellectual capacity limits her ability.**

- a. Carol Ann is a large woman whose intelligence limits her chances to live alone.
- b. Carol Ann can do many things on her own, she does need help a couple of times a day to remember to do things like take her medication, and because she is a large woman, she needs help doing a few chores.
- c. Carol Ann is very large and needs on-going training to accomplish her daily living goals.
- d. Carol Ann is overweight and needs daily in-home assistance services to maintain her health and to increase her current level of functioning.

**3. Her sister would like her to move into a group home.**

- a. Her sister is concerned about her ability to live alone.
- b. Her sister wants to place her somewhere else.
- c. Her sister wants her to live in long-term care facility.
- d. Her sister wants to change her placement.

**4. ...And sends a weekly spending budget to the agency.**

- a. ...And sends Carol Ann the money that she says she needs each week to do the things she needs and likes to do.
- b. ...And sends Carol Ann an allowance which is a preset amount of money negotiated with her service providers.
- c. ...And sends Carol Ann spending money if she promises not to buy junk food with it.
- d. ...And sends Carol Ann enough money to buy some candy, go to a movie, and perhaps have a meal at McDonalds once a week.

**5. ...Support for removing Carol Ann from her home and placing her in an ICFMR facility.**

- a. ...Support to convince Carol Ann that she is not safe living alone.
- b. ...Support to get a court order indicating that Carol Ann is not fit to live alone.
- c. ...Support to talk to Carol Ann about alternative living environments or to strategize about things that can be done to assure her safety in her own home.
- d. ...Support to get Carol Ann out of the house so the movers can come in and get her things to move into the group home.